

I have set my PANCE date for beginning of March. I have noticed that many of my classmates are planning on taking the exam in January, BUT, knowing myself, I will not be ready by then and would like to give myself at least 2 months of thorough preparation. I will re-evaluate my study plan as I go along, and will make necessary changes, which might include changing the date of the exam itself.

My main focus would be on the new content blueprint for PANCE:

| Medical Content Categories    | Percent Allocation |
|-------------------------------|--------------------|
| Cardiovascular System         | 13%                |
| Dermatologic System           | 5%                 |
| Endocrine System              | 7%                 |
| EENT                          | 7%                 |
| GI System/Nutrition           | 9%                 |
| Genitourinary System          | 5%                 |
| Hematologic System            | 5%                 |
| Infectious Diseases           | 6%                 |
| Musculoskeletal System        | 8%                 |
| Neurologic System             | 7%                 |
| Psychiatry/Behavioral Science | 6%                 |
| Pulmonary System              | 10%                |
| Renal System                  | 5%                 |
| Reproductive System           | 7%                 |

I will also use my End of Curriculum exam and PACKRAT feedback as a guide to determine my weakest topics and spend more time covering them. Additionally, I am considering on taking a prep course before the exam.

Friday night will be my sacred night where I will not be studying. Additionally, I am planning on spending a week on a tropical island somewhere after I have completed all the requirements from the program. This will also be a perfect opportunity to lose the weight I gained in PA school and go to the gym daily for a study break and not go completely insane.

My main source of practice questions will be Rosh Review and Kaplan Qbank (which I will be purchasing soon, just waiting for some kind of Black Friday sale), and maybe some Exam Master if I get a sudden desire to read A LOT. Additionally, I have an abundance of PACKRAT questions saved, as well as hard copies and ebooks that I have accumulated with time, which include practice questions.

### **January:**

- My goal is to go through Pance Prep Pearls in detail in 1 month (accompanied by Rosh Rapid Review Ebook), about 20 pages per day (give or take).

- I will then complete 50 tutor MC questions daily on the topic I was studying that day (cardio, pulm, etc), followed by 60 random MC timed questions (also daily).
- I will make quizlets of the information I either get wrong or struggle with and will study those at the end of the day and then first thing in the AM the next day to make sure I understand before proceeding to the next material.
- I will take a mock PANCE exam each week (60 timed MC questions broken up in 5 sections) to create the test-taking environment to the best of my ability.

### **February:**

- Questions, Questions, Questions!
- 2 sets of 60 random timed questions (120 total) daily, and 40 timed questions on a specific topic (will alternate daily)
- Continue creating quizlets/charts/anything that helps of the information I keep getting wrong to really make it stick. Go over it on the same day and again in the AM the next day.
- Mock PANCE 2x/week and then analyze the feedback to focus on my weaknesses.
- I have also discussed the idea of meeting up with some classmates about 2x/week to go over topics together.